

HOURS OF OPERATION

Monday - Friday 4:30 am - 10:00 pm

Saturday 6:00am - 7:00 pm

Sunday (Oct- Mar) 1:00-6:00pm

- Fitness Floors close 1/2 hour before closing .
- Locker Rooms remain open until closing.
- Swimming Pool opens 1/2 hour after opening time and closes 1/2 hour before closing time.

HOLIDAY CLOSURES

New Year's Day, Memorial Day,

July 4th, Labor Day,

Thanksgiving, Christmas

EARLY CLOSURES

Christmas Eve 3:00 pm

New Year's Eve 5:00 pm

YMCA Parking

The YMCA has a gated lot located on the corner of 6th St. & A St.

Parking is free to YMCA Members. Please inquire at Member Services.

Orientations

Members are encouraged to participate in a free, personalized orientation. Learn how to use various types of exercise equipment and reach your fitness/weight loss goals by utilizing ActivTrax. Sign up at Member Services.

Check-In / Policies

All Members and guests must check in at Member Services. Guests must have photo I.D. for admittance. Members who fail to follow this policy will have guest privileges revoked. Members must be at least 20 years of age to bring in a guest.

Members & their guests must abide by all posted policies. Failure to do so may result in membership suspension or termination.

Parents—Please review the access policy for complete information on what areas youth may utilize based on their age and your supervision.

Please see "Member Policies & General Information" for complete details on the above information as well as Locker Room Access, Dress Code, Locker Usage/Rentals, Lost & Found, and In Case of an Emergency.

We strive to have a clean, friendly and comfortable environment that supports our mission. Please speak with our staff if you are aware of poor conduct, misuse of the facility or maintenance/cleaning issues.

**5 N. Naches Avenue
Yakima, WA 98901
509-248-1202
www.yakimaymca.org**

Yakima Family YMCA



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Infant to Pre-kinder Child Care
Before & After School Enrichment
Youth Sports & Aquatics
Camp Dudley Residence Camp
Day Camp



Health & Wellness Options
for Every Age and Fitness
Level.

ASPIRE Mentor Program
C.O.R.E.
SNL / Midnight Madness
Community Awareness
Volunteer Opportunities



The Yakima Family YMCA is not just a health club. We are an association of people of all incomes, ages, abilities, religions, and ethnic backgrounds striving towards a healthy spirit, mind, and body.

When you join the YMCA, you help yourself, your family and our community. The combination of volunteer time, financial contributions and membership fees make it possible for your YMCA to meet community needs and to provide access to everyone, regardless of income.

Together, we promote the healthy development of youth, support families, and strengthen communities.

A YMCA membership provides you with the following fitness options:

Cardiovascular Trainers	Group Fitness Classes	Racquetball
Free Weights	Cycling	Basketball
Cybox & Keiser Circuit Trainers	Aquatics	Indoor Track

Additional Options (Fees Pending):

Sports Leagues	Body Composition Testing	Swim Lessons/Swim Team
Personal Training	Specialized Group Classes	Child Care
Youth Sports	Residence Camp	Community Outreach

Basic Membership provides you with full facility access to all family and fitness areas plus access to the Basic locker room.

Triangle Membership provides the same facility access plus added locker room amenities such as sauna, Jacuzzi, steam room (men only) TV lounge, exercise equipment plus towel service.

One of our staff would be happy to take you on a tour so you can see which option is right for you and your family. The YMCA offers the greatest selection at the most affordable rates.

YMCA Mission
To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

Membership Options

Category	Joining Fee	Monthly	Installment	Annual
Youth (0-13)		3.50	8.40	42.00
Teen (14-19)		10.17	24.40	122.00
Young Adult (20-24)		28.00	67.20	336.00
Adult Basic	79.00	42.00	100.80	478.80
Adult Triangle	79.00	62.00	148.80	706.80
Couple Basic	129.00	60.00	144.00	684.00
Couple Triangle	129.00	95.50	229.20	1088.70

Children (22 and under) may be added to any ADULT membership option above at a monthly rate of \$2.00 per child.

Additional Membership Options:

10 Day Pass: \$25.00 1 Month Trial (please inquire)
 Aquatics/Aerobics (only) 6 weeks: \$40 or Monthly EFT: \$25
 Racquetball Punch Card \$25.00

Monthly Payment: Payment is made through an automatic EFT from your checking or savings account. Please bring a voided check or have your account and routing number available at time of sign up. This option is continuous but may be cancelled with 30 day notice of final withdrawal date.

Installment Payment: A one year membership, made payable in five equal installments within the first five months.

Annual Payment: One year membership paid in full. This option will receive a waived joining fee plus a 5% discount (discounted rate is reflected).

Memberships are non-refundable, non-transferable.
Photo I.D. is required at time of sign-up.

Discounts:

- Seniors (62+) will receive a 20% discount.
- Clergy receive a 10% discount + waived joining fee.
- Active Military receive a 20% discount + waived joining fee.
- Corporate discounts vary. Please inquire if your employer is a Corporate Member. Must provide proof of current employment.

Financial assistance is available. Please ask for an application.
Rates are based on household income and number of persons enrolled.