



# HOME SCHOOL P.E.

*January 17 - February 23*

**Tuesday & Thursdays**  
1 - 3 p.m.

The YMCA offers a fun and energetic home school P.E. program. Children will be able to participate in age appropriate activities with other children of similar ages in the gym as well as the swimming pool here at the Y. The program runs for 6 weeks on Tuesdays & Thursdays. Gym activities will run from 1p.m. - 2 p.m. and will include a number of games and workout activities. Pool activities will follow from 2 p.m. - 3 p.m. The first half-hour will consist of the children learning the basic fundamentals of swimming. The second half-hour will consist of free swim time with the kids playing games in the pool. Also, the first 3 parent volunteers\* will be awarded a discount (\$10) towards the registration fee. Please contact Ricardo Torres if you plan on volunteering. 248-1202.

## Registration Fees:

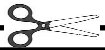
\$60 Registration Fee

**For Youth Ages:**

5 - 12 Years Old

**(\*Parent's note: Please do not commit if you do not plan on participating)**

**Children are reminded to wear appropriate attire for both sessions. NO open toed shoes for P.E. No cut-offs in the pool. Please note: Children will not be allowed to participate in either session without proper clothing.**



Home School P.E.

Mail or bring to the Yakima Family YMCA, 5 N. Naches Ave., Yakima, WA 98901

### Child's Information

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Date of Birth \_\_\_ / \_\_\_ / \_\_\_ Age: \_\_\_\_\_

Address : \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Gender (circle one): M / F Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

School District / Organization (For 3rd party billing purposes) \_\_\_\_\_

"I hereby consent to the participation of my child in the Yakima Family YMCA Home School P.E. program. I also, on behalf of my child, agree to indemnify and hold harmless the Yakima Family YMCA from any claims, costs, damages, liabilities or expenses resulting from injury to my child while in the care, custody or company of the directors, staff members or volunteers. I also give permission for the Yakima Family YMCA to use any photographs or video of my child for promotional purposes."

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_