

Jump into the Latin-inspired, easy-to-follow, calorie-burning, dance fitness-party™ that makes working out a splash.



Aqua Zumba is for Everyone!

– **Aqua Zumba is fun!** – Zumba is designed for everyone! Anyone can start a Zumba class and have fun. This program is not limited to dancers, fitness fanatics or seniors. All exercisers from beginner to advanced will enjoy the benefits of an Aqua Zumba class. Everyone is welcome in an Aqua Zumba class! In Aqua Zumba it is ideal that the water is at chest level when standing. Keep in mind that our shallow end of the pool is 3-4ft deep.

Mon/Wed Evenings:

Session: Jan 9th - Feb 1st

Mon- 5:35-6:25pm

Wed- 5:35-6:25pm

\$15 members \$25 Non members

Tu/Th Evenings:

Session: Jan 10th - Feb 2nd

Tue- 6:35-7:25pm

Thur- 6:35-7:25pm

\$15 members \$25 Non members

Tu/Th Mornings:

Session: Jan 10th - Feb 2nd

Tue- 9:35-10:25am

Thur- 9:35-10:25am

\$15 members \$25 Non members

Sat Mornings:

Session: Jan 14th - Feb 4th

Sat- 9:40-10:30am

\$7 members \$12 Non members